



DELHI PUBLIC SCHOOL, GANDHINAGAR

Academic session 2018-19

Assembly Report

Title: Eat Right, Be Bright'	Date: 10/08/18
Venue: School Atrium	Class: IV D

*"**Fat healthy, be nutrition-wealthy.**"*

An assembly was organised by the students of class IV D on 10th August 2018 on the above stated idea. The details of the Assembly are listed below:

Theme: 'Eat Right, Be Bright'

Class: IV D

Objective: To make children realise that balanced and nutritious diet is the most essential factor for ensuring health and fitness. Our health is a clear reflection of our food habit. If we consume healthy food and follow a well-balanced diet, we will definitely stay healthy and fit.

Programme: Assembly began with a bhajan accompanied by a Casio, followed by recitation of a poem, thought and news. Then the students performed a skit on good and bad food i.e. Healthy and Junk food. The Assembly concluded with the felicitation of winners of **Rock your Feet Competition** and participants of **Srijan 2018 of DPS Ahmedabad**

